



SAVE THE DATES

SUMMER POP UP CLASSES

Try something **NEW!**

6/21 Friday @ 9am - **Tabata** w/Jeanine

6/25 Tuesday @ 6pm - **Poolside Cycle/Stretch** w/Stephanie

7/12 Friday @ 9am - **Tabata** w/Jeanine

7/17 Wednesday @ 9am - **Flow Yoga** w/ Christine

7/19 Friday @ 7:30am - **Flow Yoga** w/ Christine

7/23 Tuesday @ 6pm - **Poolside Hustle & Muscle** w/Stephanie

8/2 Friday @ 9am - **Tabata** w/Jeanine

8/9 Friday @ 9am - **Stretch N Strengthen** w/Kathy

8/20 Tuesday @ 6pm - **Poolside Cycle/Stretch** w/Stephanie

8/28 Wednesday @ 9am - **Flow Yoga** w/ Christine

Scan QR code to register.
Registration opens
7 days before each class.

